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BUILD YOUR CUSTOM BENCH PRESS SHIRT

Use this form to build your custom bench press shirt.

Call your order into Monster Muscle (800)319-0711.

You can also fax this form to (208)765-5827.

Step 1 - Choose Your Bench Shirt

- Regular Phenom Single Ply \$145
- Regular Phenom Double Ply \$175
- Super Phenom Single Ply \$145
- Super Phenom Double Ply \$175
- Super Phenom Triple Ply \$225
- Super Duper Phenom Double Ply \$175
- Super Duper Phenom Triple Ply \$225
- Rage X Single Ply \$135
- Rage X Double Ply \$165
- Standard Denim Single Ply \$100
- Standard Denim Double Ply \$145
- Standard Denim Triple Ply \$175
- Radical Denim Single Ply \$100
- Radical Denim Double Ply \$145
- Radical Denim Triple Ply \$175

Step 2 - Choose Your Shirt Color

- Phenom: Black Red Royal
- Rage X: Black Red Royal
- Denim: Blue Black

Step 3 - Choose Your Shirt Back

- Closed Back
- Complete Open Back
- Complete Open Back With Velcro Straps (+\$25)
- Partial Open Back With Velcro Straps (+\$25)

Step 4 - Neck Scoop

- No Thanks
- Yes, scoop the neck 1 inch
- Yes, scoop the neck 2 inches
- Yes, scoop the neck 3 inches

Step 5 - Back Neck Scoop

- No Thanks
- Yes, scoop the back neck 1 inch
- Yes, scoop the back neck 2 inches

My Information

Name _____ Phone _____

Shipping Address _____ State _____ Zip Code _____

Billing Address _____ State _____ Zip Code _____

E-Mail _____

Credit Card Number _____ Expires ____/____/____

Step 6 - Neck Reinforcement

- No Thanks
- Yes - Reinforced Neck
- Yes - Super Neck (+\$25)

Step 7 - Grid Stitching On Chest

- No Thanks
- Yes, grid stitch the chest plate (+\$25)
- Not for Phenoms.

Step 8 - Round Stitching On Sleeves

- No Thanks
- Yes, round stitching on sleeves (+\$25)

Step 9 - Denim Shirt Stitching

- Regular Stitching
- Radical Stitching (+\$25)

Step 10 - Get Your Measurements

- Relaxed circumference measurements, inches
- Chest (at nipple line) _____
- Shoulder (at widest part of deltoid) _____
- Arm (at widest part of bicep, arm relaxed at side) _____

- I know the exact size I need
- I have sized up accordingly for multiple plys.
- Size _____

Step 10 - Additional Instructions

***Customizations done to bench press shirts may render them illegal in certain competition federations. Check with rules and regulations of competing federations prior to ordering. Custom shirts may take 2-3 weeks for completion. Returns subject to \$50 restocking fee.*

If mailing, pay with credit card, check or money order. Makes check or money order payable to Monster Muscle. Mail to: Monster Muscle, PO Box 3224, CDA, ID 83816. You can place this order by phone.